



Player's Code of Conduct

KAMHA Players must:

- Play for the 'fun of it', not just to please my parents or coaches.
- Respect the rules and consider the safety of all players, coaches, trainers, officials, administrators, volunteers and parents in victory and defeat and encourage others to act accordingly.
- Be a good teammate and have fun with my teammates, both on and off the ice, make friends, improve my skills and play safely.
- I will do my best at all times for myself and my team. My team's performance will benefit from this and so will I.
- Be a good sport; I will not defend or engage in actions on or off the ice which are not consistent with good sportsmanship.
- Come to every game or practice with the attitude that I will try my best to become a better player and teammate.
- Listen to my coaches in games and practices to learn as much as I can about how to become a better hockey player.
- Keep up with my schoolwork and, if my schoolwork becomes an issue, I may miss games and/or practices.
- Refrain from the use of profane, insulting, harassing or otherwise offensive language and derogatory comments.
- Never ridicule or yell at my coaches, teammates, officials, opponents or any parents or volunteers.
- Never argue with the officials' decisions. I will let my coach speak with the officials and ask any necessary questions.
- Treat all players as I would like to be treated. I will not interfere with, hurt, bully, or take advantage of any player.
- Control my emotions – I will not mouth off, break my stick, throw my gloves or other equipment at any time.
- Wear the proper equipment and wear it correctly.
- Attend all practices and games on time and in the event that I am not able to attend a practice or game, I will provide my coach with as much notice as possible of my anticipated absence.
- Not behave in a manner or engage in any activity that would cause embarrassment or disrespect to my team or KAMHA.
- **Follow the team dress code and respect that I am a Kingston Canadian**



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